

SEXUALITY SPECTRUM-1

Name _____

Date _____

SEXUALITY SPECTRUM-1

Please respond to the statements below with the appropriate response to the right.

	Strongly Agree	Agree	Not Sure	Disagree	Strongly Disagree	Not Comfortable Discussing
1. I am comfortable thinking about my sexuality	SA	A	NS	D	SD	NCD
2. I am comfortable discussing sexuality with other people	SA	A	NS	D	SD	NCD
3. I am comfortable with my own sexuality, including my sexual impulses	SA	A	NS	D	SD	NCD
4. I am confused about whether I prefer sex with people of my own gender, people of the opposite gender or both	SA	A	NS	D	SD	NCD
5. I am confused about my sexual identity; I'm not sure if I really want to be the gender I am	SA	A	NS	D	SD	NCD
6. I have an atypical sexual biology (this includes atypical chromosomal, gonadal or anatomical features)	SA	A	NS	D	SD	NCD
7. I feel clear about my gender or sexual identity but I have a difficult time accepting it	SA	A	NS	D	SD	NCD
8. I like to have sex with people of the same gender but I don't identify myself as gay or lesbian	SA	A	NS	D	SD	NCD
9. I am comfortable with my sexual behavior	SA	A	NS	D	SD	NCD
10. I am comfortable with my sexual development (how you view your progression and development in terms of dating, romance and sex)	SA	A	NS	D	SD	NCD
11. Sometimes it seems like my level of sexual desire is lower than it should be	SA	A	NS	D	SD	NCD
12. Sometimes it is difficult for me to achieve erections (for men)	SA	A	NS	D	SD	NCD
13. Sometimes it is difficult for me to lubricate before sexual activity (for women)	SA	A	NS	D	SD	NCD
14. Sometimes it is difficult for me to achieve orgasm	SA	A	NS	D	SD	NCD
15. I can achieve erection, lubrication or orgasm while masturbating but am not able to when having sexual activity with another	SA	A	NS	D	SD	NCD
16. It is difficult for me to combine emotional intimacy with sexual activity	SA	A	NS	D	SD	NCD