

Name \_\_\_\_\_

Date \_\_\_\_\_

**INITIATIVE BUILDER - 1**

Please respond to the statements below with the appropriate response to the right. Please feel free to write in additional comments.



Strongly Agree      Agree      Not Sure      Disagree      Strongly Disagree

1. I'm good at knowing what I want and need      SA      A      NS      D      SD

2. I'm good at knowing what others want and need      SA      A      NS      D      SD

3. I assume responsibility for meeting my own wants and needs      SA      A      NS      D      SD

4. I'm good at expressing my needs to others      SA      A      NS      D      SD

5. I rely too much on others to meet my needs      SA      A      NS      D      SD

6. I'm good at figuring out how to meet my needs      SA      A      NS      D      SD

7. I'm good at taking action to meet my own needs      SA      A      NS      D      SD

8. I'm good at overcoming barriers in meeting my own wants and needs      SA      A      NS      D      SD