

EMPOWERING PSYCHOLOGICAL TOOLS

- BRIEF -DIAGNOSTIC ASSESSEMENT-I

	Age/DOB
Date of Face to Face	Therapist
	lient O Review of previous Diagnostic Assessment ports) O Health Records Review O Observations
Who made the phone call to schedule t	this appointment or otherwise scheduled it?
What exactly was happening at this tim	ne and what was the motive for making the appointment?
the last week or since our last meeting. Plea	you have experienced any of these mood or mental conditions within ase scale them from 0 (lowest level) to 10 (highest level):
	Anxiety Confusion
Depression	Grief Guilt
Additional Life Situation Notes	
	ed housing O Other
Client's Belief System and Significant Cu	
Client's Belief System and Significant Cu	Itural Components
Client's Belief System and Significant Cu Client's Belief System and Significant Cu	Itural Components
Client's Belief System and Significant Cu ECONOMIC/EDUCATION STATUS Education: O No formal education O S	Itural Components
Client's Belief System and Significant Cu ECONOMIC/EDUCATION STATUS Education: O No formal education O S	Itural Components Some education (HS diploma not obtained) ome post-secondary education (no degree obtained)
Client's Belief System and Significant Cu ECONOMIC/EDUCATION STATUS Education: O No formal education O S O HS diploma or GED equivalent O So O Associates degree O Bachelors deg	Itural Components Itural Components Some education (HS diploma not obtained) ome post-secondary education (no degree obtained) ree Masters degree or higher loyed part-time Employed full-time Volunteer
Client's Belief System and Significant Cu CONOMIC/EDUCATION STATUS Education: O No formal education O S O HS diploma or GED equivalent O So O Associates degree O Bachelors deg Employment: O Not employed O Emp O Other Financial: O No income O General as	Itural Components Itural Components Some education (HS diploma not obtained) ome post-secondary education (no degree obtained) ree Masters degree or higher loyed part-time Employed full-time Volunteer
Client's Belief System and Significant Cu CONOMIC/EDUCATION STATUS Education: O No formal education O S O HS diploma or GED equivalent O So O Associates degree O Bachelors deg Employment: O Not employed O Emp O Other Financial: O No income O General as	Itural Components Some education (HS diploma not obtained) ome post-secondary education (no degree obtained) ree Masters degree or higher loyed part-time Employed full-time Volunteer ststance Receives SSI uob-related income ncome from family, gift, or trust fund Other

0

Copyright 2018, Dashometrics, LLC. Melissa Mikkonen, MA, LPCC All rights reserved.

0

PHYSICAL HEALTH	
Current Healthcare Resources: O Primary Care Provider O Not connected with health provider O Dental Care O Use or interest in complementary health approaches O Physical healhcare directive O None identified O Other	
Medical Concerns: O Asthma O COPD O Heart disease O Hypertension O Cancer O Diabetes O Stroke O Chronic Pain O Seizures O Traumatic brain injury O Other	
List of Medications:	
MENTAL HEALTH EXAM	
Thought Process: O Linear O Circular O Intact O Circumstantial O Disorganzied O Tangential O Loose associations O Other	
Thought Content: O Within normal limits O Delusions O Hallucinations O Disassociation	
Memory: O Intact O Impaired/Recent O Impaired/Remote O Other	
Mood: O Calm O Depressed O Anxious O Irritable O Heightened O Other	
Insight: O Intact O Impaired/Mild O Impaired/Moderate O Impaired/Severe	
Judgement: O Intact O Impaired/Mild O Impaired/Moderate O Impaired/Severe	
RISK ASSESSMENT	
Are you experiencing any suicidal thoughts, plans, intentions or self-injurious behavior? O No O Yes Which are you experiencing? O Thoughts O Plans O Intentions O Self-injurious behavior Have you attempted suicide in the past? O No O Yes Can the client entertain options/future? O No O Yes	
Is there access to lethal means of self-harm?O NoO YesViolent toward self or others?O NoO YesFamily history of suicide or violence?O NoO YesSupport system available?O NoO Yes	

Do you or have you ever wanted to hurt someone, had homicidal thoughts, plans, intent, done damage to property? O No O Yes Notes: _____

Action taken/referral given based on risk assessment?

Continues on Page 3

Yes

Copyright 2018, Dashometrics, LLC. Melissa Mikkonen, MA, LPCC All rights reserved.

PAGE 3

Ο

CLINICAL SUMMARY

SERVICE RECOMMENDATIONS
Meets Criteria for: O Serious & Persistent Mental Illness O Serious Mental Illness O Severely Emotionally Disturbed
Recommended Assessments: O Neuro-psychological Evaluation O Chemical Health Assessment
O Elderly or CADI waiver O TBI waiver O Long term care O Guardian or Conservator
O Physical/Wellness exam O Dental O Other
Mental Health Services Needed: O Case Management Services O Behavioral Health Home Services O Partial Hospitalization O Intensive Residential Treatment Services (IRTS) O Day Treatment O Adult Rehabilitative Mental Health Services (ARMHS) O Adult Foster Care O Individual Psychotherap O Psychiatry O Crisis Stabilization O ACT Services O Other Recommended frequency of individualized psychotherapy
DIAGNOSIS
Clinical Indicators/Justifications

Staff Signature

Date Completed